

Spirituality Book Club 2016-17

Led by Annie Rose, TBE's Cantor Emerita

Please join us for the new season of TBE's Spirituality Book Club! This year we will be reading three books over the course of nine months. Please feel free to come to our Tuesday night sessions (7:30-8:30 pm) or our Thursday afternoon sessions (12:30-1:30 pm.) Registration is not required, but it is helpful to our planning to know how many people may come. Email Cantor Annie at cantorannie@gmail.com

Our Meetings

Every 4th Tuesdays | 7:30 pm:

The Sabbath, by Abraham Joshua Heschel
September 20, October 18, November 15

The Ten Challenges: Spiritual lessons from the Ten Commandments for Creating Meaning, Growth, and Richness Every day of Your Life, by Leonard Felder
December 20, January 17, February 21

The Journey Home: Discovering the Deep Spiritual Wisdom of Jewish Tradition, by Lawrence Hoffman
March 21, April 18, May 16

Every 4th Thursdays | 12:30 pm:

The Sabbath, by Abraham Joshua Heschel
September 22, October 20, November 17

The Ten Challenges: Spiritual lessons from the Ten Commandments for Creating Meaning, Growth, and Richness Every day of Your Life, by Leonard Felder
December 22, January 19, February 23

The Journey Home: Discovering the Deep Spiritual Wisdom of Jewish Tradition,
by Lawrence Hoffman
March 23, April 20, May 18

Our Books

(available in the TBE library, or from booksellers)

The Sabbath, by Abraham Joshua Heschel

Elegant, passionate, and filled with the love of God's creation, Abraham Joshua Heschel's The Sabbath has been hailed as a classic of Jewish spirituality ever since its original publication—and has been read by thousands of people seeking meaning in modern life. In this brief yet profound meditation on the meaning of the Seventh Day, Heschel introduced the idea of an "architecture of holiness" that appears not in space but in time. Judaism, he argues, is a religion of time: it finds meaning not in space and the material things that fill it but in time and the eternity that imbues it, so that "the Sabbaths are our great cathedrals."

September 20, 22 Rabbi Whinston will offer a short teaching on Abraham Joshua Heschel as well as a general introduction to our first book of the year. (No reading necessary before our opening session).

October 18, 20 Discussion: Chapters 1-6.

November 15, 17 Discussion: Chapters 7-10 and Epilogue.

The Ten Challenges: Spiritual Lessons from the Ten Commandments for Creating Meaning, Growth, and Richness Every day of Your Life, by Leonard Felder

Written from the perspective of a psychologist, The Ten Challenges focuses on practical living, examining each of the Ten Commandments through the eyes of a contemporary thinker who has deep Judaic understanding as well as love of text. Felder draws upon philosophical and psychological thought to create a compelling and inspiring look at this central sacred teaching that is beloved, yet sometimes feared or misunderstood. The book was a favorite of last year's discussions, and we look forward to the opportunity for more in-depth discussion this year.

December 20, 22 Discussion: Introduction and Chapters 1-3.

January 17, 19 Discussion: Chapters 4-6.

February 21, 23 Discussion: Chapters 7-10.

The Journey Home: Discovering the Deep Spiritual Wisdom of Jewish Tradition, by Lawrence Hoffman

Rabbi Lawrence A. Hoffman is widely recognized as a leader in bringing spiritual innovation into modern Jewish life and worship. Now, drawing on a lifetime of study, he explores the Jewish way of being in the world—the Jewish relationship to God and to questions of human purpose that lie just below the surface of biblical and rabbinic literature.

March 21, 23 Discussion: Chapters 1-3.

April 18, 20 Discussion: Chapters 4-6.

May 16, 18 Discussion: Chapters 7-8.